



STRENGTHEN YOUR WEEKEND



ANALYSING WEEKEND CARE IN THE NHS

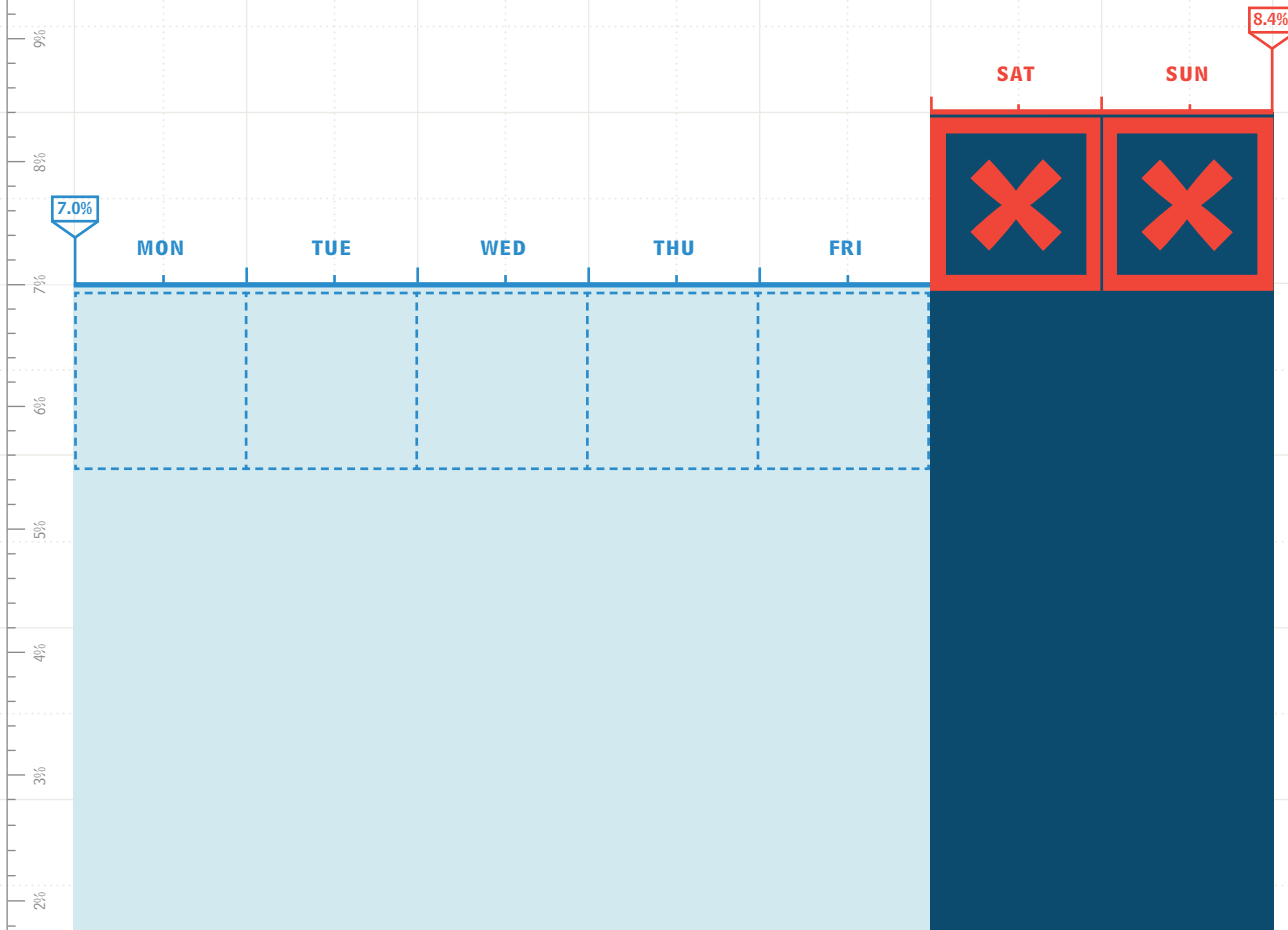
Adjusted mortality rate

Plan your diary carefully

AT WEEKENDS THE MORTALITY RATE GOES UP

PATIENTS ADMITTED AS EMERGENCIES AT WEEKENDS HAVE:

- ✗ A greater risk of not surviving treatment
- ✗ A greater chance of not receiving a diagnostic test on the day of admission
- ✗ A greater chance of having to wait for a repair of a broken hip or other fracture
- ✗ A greater chance of having to return to hospital



Reducing the 20% increase in mortality at weekends will save patient lives

CASE STUDY

University Hospitals Coventry and Warwickshire NHS Trust

Ten reasons University Hospitals Coventry and Warwickshire NHS trust has improved repairs of broken hips at the weekend

- 01** The working patterns are now the same seven days a week.
- 02** Hip fractures are a priority on the trauma list and operated on as early as possible.
- 03** There are dedicated trauma lists seven days a week.
- 04** 'Planned' trauma (i.e. ankle fracture repairs) are booked on weekdays to keep weekend trauma lists free for hip fractures.
- 05** There is an A-Z for hip fractures for junior doctors.
- 06** The weekend anaesthetist is a senior member of staff.
- 07** The orthopaedic Perioperative Specialist Practitioner team now provides a seven-day service.
- 08** The hip fracture integrated care pathway is now used widely.
- 09** There is a dedicated trauma ward for hip fractures seven days a week and dedicated physiotherapy at weekends.
- 10** There is a review of all delays that exceed 36 hours.

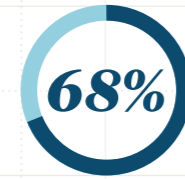
ACROSS THE NHS, THE STANDARD OF CARE AT WEEKENDS IS WORSE THAN ON WEEKDAYS BUT EFFORTS TO FIX THIS ARE WORKING

Setting the scene

Dr Foster has been publishing information about weekend mortality rates for two years in our annual Hospital Guide. Although some hospitals have taken steps to improve the situation, there remain marked differences in measures of care on weekdays when compared with the weekend.

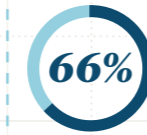
Patients admitted as emergencies at weekends are less likely to survive their treatment; they are less likely to get diagnostic tests on the day of admission; and are less likely to have emergency operations within a day or two of admission. They are also more likely to be readmitted as an emergency shortly after discharge.

There are very few planned (elective) admissions to hospital on Saturdays and Sundays. But patients who have planned operations on weekdays are more likely to survive if their operation is earlier in the week rather than later, when their immediate post-operative care takes place over the weekend.

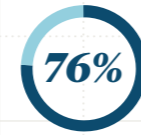


of doctors surveyed by Dr Foster and Doctors.net.uk believed that patients admitted at weekends receive poorer quality of care than patients admitted on weekdays at the hospital they worked in.

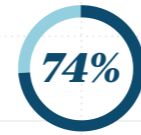
PERCENTAGE OF DOCTORS WHO THINK THAT PATIENTS ADMITTED AT THE WEEKEND HAVE POORER QUALITY OF CARE THAN PATIENTS ADMITTED ON WEEKDAYS



CONSULTANTS



MIDDLE-GRADE DOCTORS



JUNIOR DOCTORS



JUNIOR DOCTORS ARE MORE LIKELY THAN SENIOR ONES TO HAVE CONCERNS ABOUT CARE AT WEEKENDS.



HOSPITAL TRUSTS THAT PERFORM POORLY ON INDICATORS OF WEEKEND CARE

TRUSTS WHERE MORTALITY RATES ARE HIGHER AT THE WEEKEND THAN ON WEEKDAYS	
✗	Colchester Hospital University NHS Foundation Trust
✗	Lancashire Teaching Hospitals NHS Foundation Trust
✗	Mid Cheshire Hospitals NHS Foundation Trust
✗	Northumbria Healthcare NHS Foundation Trust
✗	Nottingham University Hospitals NHS Trust
✗	Royal Berkshire NHS Foundation Trust
✗	Royal Devon and Exeter NHS Foundation Trust
✗	United Lincolnshire Hospitals NHS Trust

TRUSTS WHERE PATIENTS ADMITTED ON A WEEKEND ARE MORE LIKELY TO RETURN TO HOSPITAL AFTER BEING DISCHARGED	
✗	Doncaster and Bassetlaw Hospitals NHS Foundation Trust
✗	East Kent Hospitals University NHS Foundation Trust
✗	Mid Staffordshire NHS Foundation Trust
✗	Poole Hospital NHS Foundation Trust
✗	University Hospital Of North Staffordshire NHS Trust
✗	Warrington and Halton Hospitals NHS Foundation Trust
✗	Wrightington, Wigan and Leigh NHS Foundation Trust

TRUSTS WHERE PATIENTS WAIT LONGER TO HAVE A BROKEN HIP REPAIRED OVER THE WEEKEND	
✗	Bradford Teaching Hospitals NHS Foundation Trust
✗	East and North Hertfordshire NHS Trust
✗	Imperial College Healthcare NHS Trust
✗	Lancashire Teaching Hospitals NHS Foundation Trust
✗	University Hospitals Birmingham NHS Foundation Trust



HOSPITAL TRUSTS THAT HAVE A GOOD PERFORMANCE FOR BOTH WEEKDAYS AND WEEKENDS

TRUSTS WITH VERY LOW MORTALITY RATES FOR BOTH WEEKDAYS AND WEEKENDS	
✓	Airedale NHS Foundation Trust
✓	Ashford and St Peter's Hospitals NHS Foundation Trust
✓	Guy's and St Thomas' NHS Foundation Trust
✓	Imperial College Healthcare NHS Trust
✓	King's College Hospital NHS Foundation Trust
✓	North West London Hospitals NHS Trust
✓	Royal Free London NHS Foundation Trust
✓	University College London Hospitals NHS Foundation Trust

TRUSTS WITH VERY LOW READMISSION RATES FOR BOTH WEEKDAYS AND WEEKENDS	
✓	Airedale NHS Foundation Trust
✓	Basildon and Thurrock University Hospitals NHS Foundation Trust
✓	Chelsea and Westminster Hospital NHS Foundation Trust
✓	Leeds Teaching Hospitals NHS Trust
✓	Northern Lincolnshire and Goole Hospitals NHS Foundation Trust
✓	University Hospitals Bristol NHS Foundation Trust

TRUSTS THAT QUICKLY REPAIR A BROKEN HIP ON BOTH WEEKDAYS AND WEEKENDS	
✓	East Sussex Healthcare NHS Trust
✓	Norfolk and Norwich University Hospitals NHS Foundation Trust
✓	North Bristol NHS Trust
✓	Northumbria Healthcare NHS Foundation Trust
✓	Royal Surrey County Hospital NHS Foundation Trust
✓	Surrey and Sussex Healthcare NHS Trust
✓	The Dudley Group NHS Foundation Trust
✓	The Newcastle Upon Tyne Hospitals NHS Foundation Trust
✓	West Suffolk NHS Foundation Trust

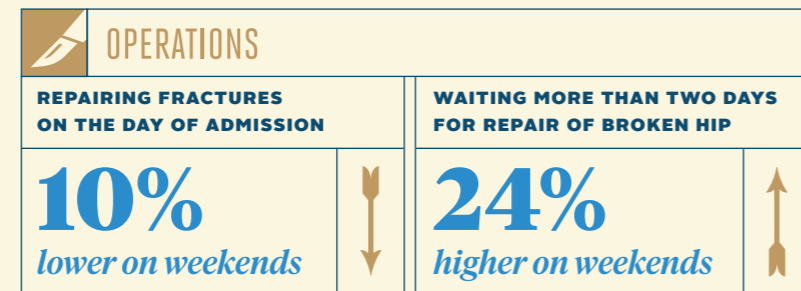
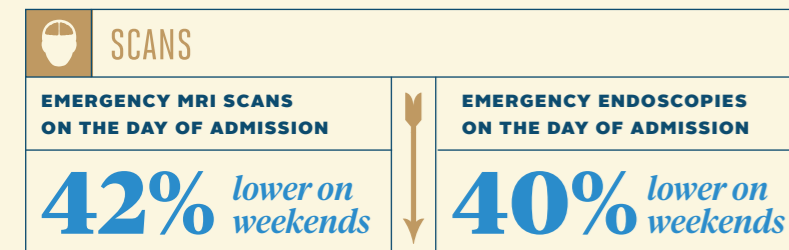
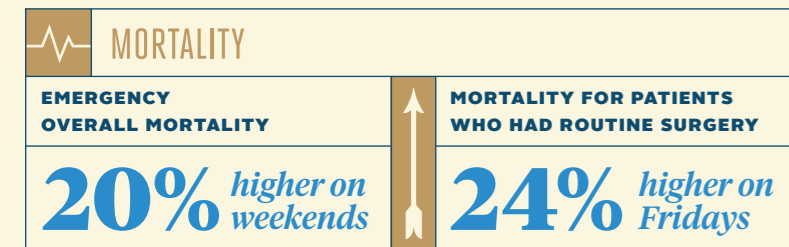


HOSPITAL TRUSTS THAT HAVE SEEN AN IMPROVEMENT IN THEIR PERFORMANCE AT WEEKENDS

TRUSTS THAT HAVE IMPROVED WEEKEND EMERGENCY HSMR FROM 2011/12 TO 2012/13	
↑	Airedale NHS Foundation Trust
↑	Buckinghamshire Healthcare NHS Trust
↑	Mid Yorkshire Hospitals NHS Trust
↑	North West London Hospitals NHS Trust
↑	Oxford University Hospitals NHS Trust
↑	Royal Cornwall Hospitals NHS Trust
↑	The Hillingdon Hospitals NHS Foundation Trust
↑	The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust

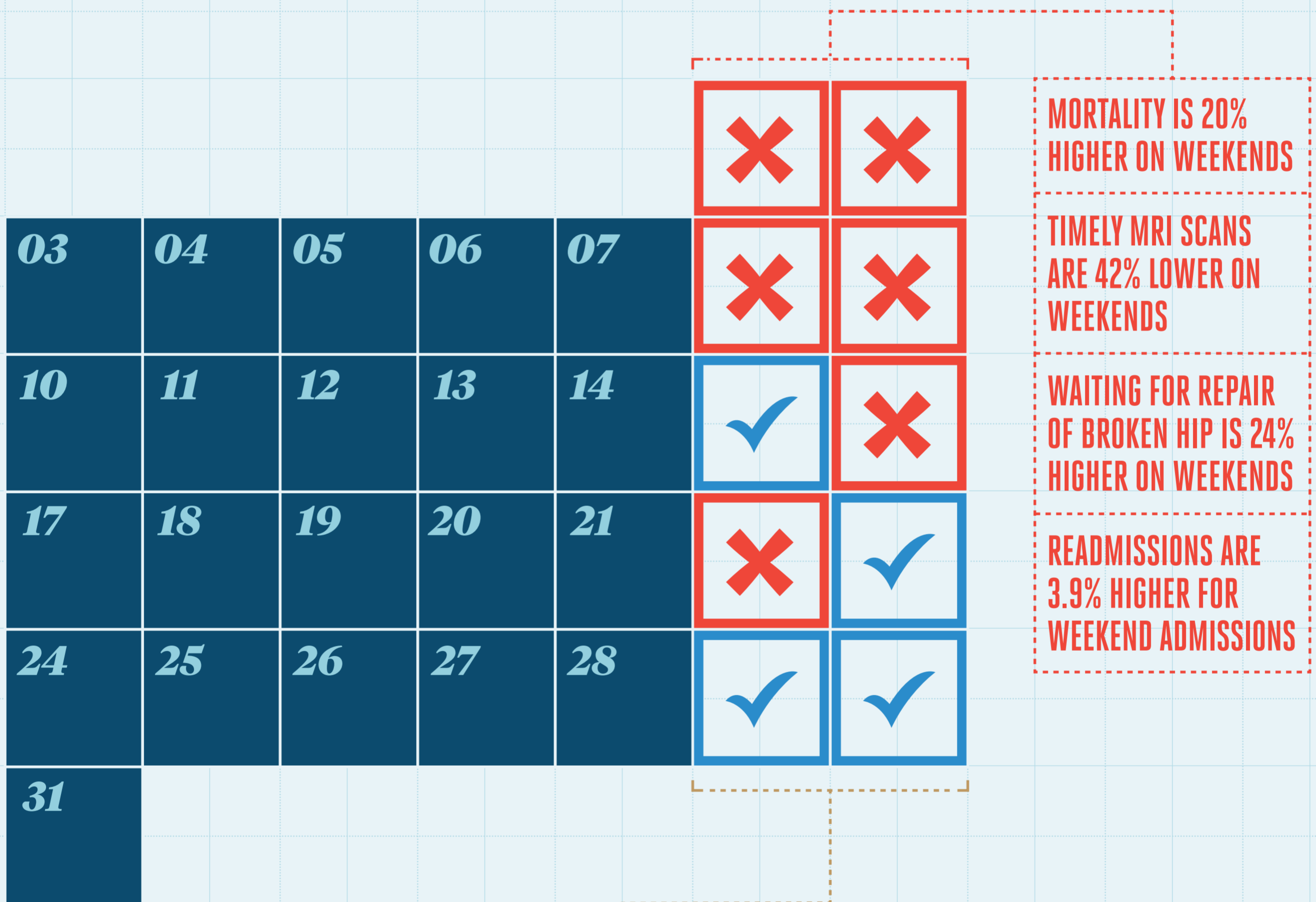
TRUSTS THAT HAVE IMPROVED WEEKEND READMISSION RATES FROM 2011/12 TO 2012/13	
↑	Basildon and Thurrock University Hospitals NHS Foundation Trust
↑	Chelsea and Westminster Hospital NHS Foundation Trust
↑	Gateshead Health NHS Foundation Trust
↑	Northern Lincolnshire and Goole Hospitals NHS Foundation Trust
↑	Western Sussex Hospitals NHS Trust
↑	Wirral University Teaching Hospital NHS Foundation Trust

TRUSTS THAT HAVE IMPROVED REPAIR OF BROKEN HIP OVER THE WEEKEND FROM 2011/12 TO 2012/13	
↑	East Kent Hospitals University NHS Foundation Trust
↑	East Sussex Healthcare NHS Trust
↑	Harrogate and District NHS Foundation Trust
↑	The Newcastle Upon Tyne Hospitals NHS Foundation Trust



FIND MORE INFORMATION ABOUT CARE AT THE WEEKEND AT myhospitalguide.com/weekends

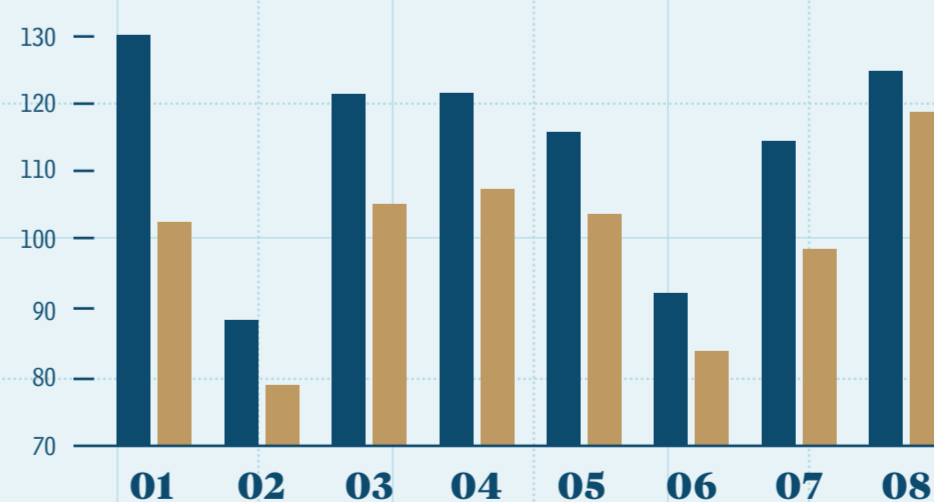
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IMPROVEMENTS *are* BEING MADE

Eight trusts have made significant improvements in their weekend emergency HSMR

WEEKEND EMERGENCY HSMR 2011/12 TO 2012/13



- 01. The Hillingdon Hospitals NHS Foundation Trust
- 02. Airedale NHS Foundation Trust
- 03. The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust
- 04. Royal Cornwall Hospitals NHS Trust
- 05. Oxford University Hospitals NHS Trust
- 06. North West London Hospitals NHS Trust
- 07. Mid Yorkshire Hospitals NHS Trust
- 08. Buckinghamshire Healthcare NHS Trust